

BUILD Mind Body Spirit Soul **HER**

*With
Sola Dawkins*



BUILD HER

BUILD HER has been created for you.
To Bring Women to The Awareness
of their Purpose, Power & Position
This is for your NEXT LEVEL

WHY “BUILD HER”

The BUILD HER platform aligns with who Sola Dawkins is today, and who she has become over her many years of empowering, mentoring, coaching & preaching.

Growth is necessary and so is evaluation of where you are now.

I have grown and who I am now, no longer aligns with the title mentor & coach.

As I evolve and drop the mentor and coach titles from my bio, empowering and preaching titles remain.

I introduce to you, Sola Dawkins
“THE NEXT LEVEL” INFLUENCER.

BUILD HER is all about taking women
to the next level.

SOLA DAWKINS
NEXT LEVEL INFLUENCER
MINISTRY INFLUENCER



BUILD HER

Purpose
Power
Position



BUILD HER has been created from lived experience and personal transformation.

BUILD HER exists to strengthen you, to position you and empower you.

BUILD HER, recognises God has called you, you know there is more, and now you are ready to take the step to walk in what God has called you to do.

Many don't realise the magnitude of what happens personally, emotionally and spiritually. The days when you feel like giving up, and the moments when answered prayer seems delayed.

The call of God on our lives is huge, and it can be overwhelming.



BUILD HER

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BUILD HER will hold your hand, as you walk in becoming the woman God created you to be. BUILD HER has been created to put an end to what has held you back and kept you small.

Your season of “almost” “not yet” and “I’m not sure” is over.

It’s clear to us you are carrying an assignment so big, it scares you.

We’re equipped to ensure you walk in the *call* on your life and do it with excellence.

BUILD HER has been created to put an end to what has held you back and kept you small.

Your voice is about to be heard, your testimony will be the making of you.



BUILD HER

Mind
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Spirit
Soul



Shrinking and holding back is over.
Our goal is to see you break free from
what has been holding you back.

BUILD HER is created to see you break free
from the lie that says “you’re not good
enough”.

Life is happening to us all.
Life happened to me.
There is no judgement on the table,
you are heard, held and supported.
BUILD HER, is what we do, we
BUILD YOU.



BUILD HER

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A woman with short blue hair, wearing sunglasses and a grey coat over a blue polka-dot dress, stands on the right side of the image, looking upwards. The background is a city skyline at dusk or dawn, with the Shard building prominent on the left. A purple horizontal bar is located below the title.

We can all find ourselves in a place, where nothing seems to make sense, the mind is full, looking ahead feels daunting, the past has more control than it should and each day you know within, there is more!

BUILD HER is your personal journey, where we BUILD, around you.

We understand that no two people are the same, you are unique and we are here to serve you, support you and nurture you through a powerful journey of letting go, moving forward, acknowledging and owning.

Your past has shaped you, let BUILD HER, rebuild you.



BUILD HER

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BUILD HER the Journey,

BUILD HER is a 12 month journey.

Your transformation begins
from our first session together.

You will receive a workbook,
which you are encouraged to use in
your personal time.

BUILD HER is specifically tailored
to you.

By the time you complete BUILD HER,
you won't recognise yourself,
you'll have to get to know yourself all over again,
and that process alone is amazing.

BUILD HER

**Purpose
Power
Position**

BUILD HER EXPLAINED

Whether you need clarity or direction to point you in the right direction, you may have a vision from God and have no idea how to get started.

You may not know why you're signing up, but at the end of BUILD HER, you'll be clear, you'll gain understanding, clarity and life will be lighter & clearer.

*With
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SOMETHING FOR EVERYONE

This is without a doubt my best program to date.

This is for the woman who wants to grow in CONFIDENCE

This is for the woman who is ready to start her business, birth her ministry, and do what God has called her to do.

This is for the woman who has a past that is holding her back and she's tired of living in her past.

This is for the woman who is ready to confront her traumas, she's tired of saying she's not ready.

This is for the woman who walks in the room and immediately feels small, inadequate and insignificant.

This is for the woman who wants to take her personal branding to the next level.

This is for the woman who is ready to become a woman of influence.

BUILD Mind Body Spirit Soul **HER**

SOMETHING FOR EVERYONE

This is for the woman who needs accountability to go to her next level.

This is for the woman who has memories from her childhood that are holding her back.

This is for the woman who knows God is calling her, but fear and low self esteem are blocking you.

This is for the woman who is ready to do the necessary work, to become more confident, as a woman of God.

This is for the woman who is ready to heal from her past, deal with her brokenness, and is now saying its my time to BUILD HER,

This is for the woman that sits in Church week after week and is literally dying on the inside, life has taken its toll and you've lost your voice, let us build you back up. This is for the woman who is ready to see total change in all areas of her life.

BUILD Mind Body Spirit Soul HER

SOMETHING FOR EVERYONE

- ✓ After saying YES to God, the warfare has started - How do you stand
- ✓ We will help you birth the vision God has given you
- ✓ God is calling you but you don't know what to do
- ✓ Emotional Healing & Trauma
We will teach you how to balance life and its challenges
- ✓ We will teach you how to Identify Your Purpose & Calling
- ✓ We will train you how to adjust to the change required when you say Yes to God & how to become a woman of influence
- ✓ How to balance days that feel heavy, and life that feels overwhelming
- ✓ How to let go of the past and become the woman God called you to be
- ✓ Manage Indecision, Fear of change, Staying stuck
- ✓ Build Confidence, Learning to Lead, Build Your Power Circle

BUILD HER

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SOMETHING FOR EVERYONE

Our pricing structure is flexible & designed to make it easy and accessible.

If you are ready for change,
Click the link below to see our pricing options.

BUILD HER

**Purpose
Power
Position**



**I'D LIKE TO
KNOW
MORE**

**CLICK
LINK
ABOVE**

